

## Happy PT Month!

**Question 1:** *In order to ensure a comprehensive evaluation, what standardized tests and measures should be utilized and why? What deficits/impairments are anticipated?*

*Refer to last weeks FFF for a review of the case study of Mr. Sea*

**Physical Therapy areas of assessment (at a minimum) – the assessments utilized may vary but the assessment areas should be as outlined below:**

- Balance – secondary to fall history
- BLE strength - due to diagnosis of R ORIF
- BLE ROM – due to diagnosis of R ORIF
- BLE Sensation – secondary to PMH of peripheral neuropathy
- **BLE Motor Coordination – due to diagnosis of R ORIF**
- Pain Management – due to Diagnosis of R ORIF
- Endurance – due to recent hospitalization; pneumonia and history of COPD
- Vitals – HR, RR, O2 and BP
- **Bed mobility, transfers and gait – due to diagnosis of R ORIF and history of falls**
- **May also assess cognition if SLP or OT or not involved and there is an increase in confusion following the surgical procedure**

**Potential Assessment Tools:**

- Balance – Berg Balance Scale (BBS); TUG; Functional Reach;
- Strength - BLE MMT
- ROM - Goniometric assessment BLE
- Potential for Falls – Dynamic Gait Index;
- Sensation – Semmes Weinstein monofilament Test
- Endurance – BORG Rating of Perceived Exertion
- Pain – Wong Baker Faces or Visual Analogue Scale

**Expected areas of impairment and function would be:**

- Increase in pain
- Decreased ROM in RLE
- Decreased strength in RLE
- Decreased sensation in BLE
- Decrease in balance in standing/ambulation
- Decreased endurance/shortness of breath
- **Decreased bed mobility, transfers and gait due to any of the above**
- Potential increase in confusion and/or decreased memory following surgery

**Question 2:** *What ICD-10 treatment diagnoses should be included for Mr. Sea based on the deficits and impairments documented?*