

October 19, 2018

# Fast Facts Friday



## Proper Positioning: Part 3

Refer to the October 5th FFF for a review of Mrs. Jones case study.

**Question 2: What ICD 10 treatment diagnoses would be included for Mrs. Jones plan of care based on the deficits and impairments documented?**

In coding treatment diagnosis, use the code which relates to the diagnosis for which therapy services are provided. Treatment diagnosis codes need to be supported by a discipline specific, comprehensive assessment with a functional deficit section to compare PLOF and current level, underlying impairments with specialized tests, measurements and goals to address deficits/impairments identified and represents the medical condition or co-morbidities impacting rehab. A goal must also be established to support the treatment diagnosis.

### Treatment diagnosis code/s for Mrs. Jones could include:

**Weakness R53.1** – A MMT completed on isolated muscle groups instead of gross plane movements with score/s of 3/5 or less would support this diagnosis if targeting weakened muscles affecting function in the POC. (Check your MAC/LCD to see if this code is covered).

**M62.81 Muscle Weakness, generalized**-A MMT completed on isolated muscle groups instead of gross plane movements with score/s of 3/5 or less would support this diagnosis if targeting weakened muscles affecting function in the POC.

**Scoliosis M41.2 Other idiopathic scoliosis**-During the mat evaluation, you will need to identify and add the 5<sup>th</sup> digit to the ICD-10 for the region of the scoliosis. (e.g. thoracic, cervical, etc.)

**M25.5 Pain in Joint Pain in joint**-During the comprehensive evaluation, you will need to identify the specifics joints and add the 5<sup>th</sup> digit to the ICD-10.

**M24.5 Contracture of joint**-During the comprehensive evaluation you will need to identify the specific joint with contractures and add the 5<sup>th</sup> digit to the ICD-10.

**R26.81 Unsteadiness on feet or R27.8 Other lack of coordination**-Standardized balance and coordination tests can assist in determining the appropriate selection of either or both diagnosis codes.

**R29.3 Abnormal posture**-This will be supported during the mat evaluation and can use the Reedco Posture sheet for supportive documentation for this ICD-10.

**R06.02 or Other forms of dyspnea (dyspnea on exertion) R06.09**-Observation, characteristics of shortness of breath, pulse oximeter monitoring as well as completing a Borg Dyspnea Scale can assist in this code selection.

**R41.8 Other symptoms of cognitive functions and awareness, R41.81 Age related cognitive decline**-A standardized cognitive test should be performed to support these codes. (Check your MAC/LCD to see if this code is covered)

**Question 3: What measurable long and short term goals would be appropriate for Mrs. Jones?**